

Edible Art

Ingredients:

- strawberries
- grapes
- toothpicks
- 1 tbsp. mini chocolate chips

Directions:

Cut grapes in half. Assemble either caterpillars or ladybugs by attaching fruit with toothpicks using the chips for the spots and eyes.



Pump it Up: Run in place with your knees coming up high – count to 20 and do it 3 times with a break in between.



Food for Thought: These masterpieces are almost too pretty to eat! -ALMOST! Fruit is packed with healthy vitamins that boost your immunity and keep you healthy all year round!

Tasty Thoughts: _____

