

Nurture-General Waiver/Release (Program Volunteer)

In Consideration of being allowed to participate in any volunteer activities, meetings, classes, programs, seminar, and/or sessions (the "Program") with Nurture of Winnetka, IL ("Nurture"), the undersigned, on his or her behalf, acknowledges, appreciates and agrees to the following conditions:

I represent that I shall comply with Nurture's policies and Standard of Conduct.

I represent that I shall comply with Nurture's stated and customary terms, posted safety signs, rules, and written and verbal instructions included with items, products or equipment given to participants as conditions for participation in any Program organized by Nurture.

I acknowledge that Nurture is not providing medical advice.

I am aware that there are inherent risks associated with participation in food shopping, preparation, and cooking techniques, and I knowingly and freely assume all such risk, both known and unknown, including but not limited to food allergies, choking, use of equipment and/or those that may arise out of the negligence of other participants; and,

I and my respective heirs, assigns, administrators, personal representatives, and next of kin, hereby release and hold harmless Nurture of Winnetka IL, their affiliates, officers, members, agents, employees, volunteers, other participants, and location sponsors from and against any and all claims, injuries, liabilities or damages arising out of or related to our participation in any and all Nurture programs, activities, seminars, sessions, food preparation or consumption and use of equipment provided and/or food provided.

Signature

Date

Printed Name and Address