

Supplemental Activity: Food Traditions

Supplies Needed:

- 3.2_SW_Food-Traditions -Worksheet
- Paper
- Writing utensils (pencils, crayons, colored pencils)

Length of Time to Complete:

- 5 minutes to introduce activity
- 25 minutes to complete activity

Audience (grades): 3rd

Common Core Standards Taught:

- English Language Arts: Writing: 3.3
 - Write narratives to develop real or imagined experiences or events using effective technique, descriptive details, and clear event sequences.
 - Establish a situation and introduce a narrator and/or characters; organize an event sequence that unfolds naturally.
 - Use dialogue and descriptions of actions, thoughts, and feelings to develop experiences and events or show the response of characters to situations.
 - Use temporal words and phrases to signal event order.
 - Provide a sense of closure.

Lesson:

We need food to give us energy to think clearly, play, and grow strong. However, food is not only used to nourish our bodies. It is also used to celebrate special events and holidays. Go and Slow Foods can be part of a special celebration. Raise your hand and share a special food you or your family enjoys during a holiday or celebration.

Does your family have a special tradition or event that includes food, such as apple picking, going to a special restaurant, and making a special food together? Today we're going to write about that.

I will hand out a brainstorming worksheet. Once you've completed the worksheet, use your answers to develop a full paragraph to describe your favorite celebration. Remember to answer all six key questions:

Who, what, where, when, why, and how?

When you are done writing, draw a picture of your special tradition.