

WHOLE FOODS - NORTHBROOK

5% Day at Whole Foods to benefit Nurture

Wednesday, December 8 – All Day!



5% of net sales on December 8th will be donated to Nurture! Nurture's mission is to empower family members (children, teens and adults) with the tools and resources needed to prepare healthy and delicious meals, even when faced with limited time and budget. Our mission follows the proverb: *Give a person a fish and feed them for a day; teach a person to fish and feed them for a lifetime.* To learn more, visit www.nurtureyourfamily.org.

