

Overall

- All of the kids enjoyed their activities, rating them as “**Super fun!**” on average
- **100%** of the kids enjoyed **tasting new foods** at least most of the time



Behavior changes resulting from the program:

- **100%** of the kids **like eating "go" foods** sometimes (14%) or most of the time (85%)
- **The majority** of the kids **asked their parents to make the foods** they tasted at Nurture



Some comments from the participants:

- “(What I learned at Nurture is that) vegetables are healthy.”
- “I love the breakfast pizza.”

