



# Nurture School Programs-Blaine County Monthly Update-May 2013

## ***A note from Nurture's Regional Director, Kathryn Guylay:***

We are extremely excited for our Nosh for Nurture event scheduled for May 18<sup>th</sup> from 5:30-7:30pm to celebrate Nurture Idaho's work in local schools. If you have not yet RSVPed, there are still a few spots left! Please let us know if you can come by sending a [quick confirmation email to Kathleen McCabe](#) with the number in your party. We will have fantastic food & beverages served by (child) participants in our program! This is an event not-to-be-missed; we hope to see you there!



## ***Programming Topics of the Month***

This month we will be focusing on post-program evaluation. We are looking forward to compiling and communicating our results in June. Stay tuned!

## ***Dates For May***

- May 2: Idaho Gives. For more information, please visit the [Nurture page for this special event](#).
- May 7: Nurture teen parent class at the Wood River YMCA (FREE). Learn how to make nutritious and economic home-made baby food and receive tips on feeding baby from birth to age 3. ([contact Amy Schlatter](#))
- May 9: "A Taste of Healthy Slow Cooking" Workshop, Hailey Library , 6-7:30pm. FREE. ([contact Amy Schlatter](#))
- May 9: Health and Nutrition at Hemingway Elementary School (3<sup>rd</sup> grade) ([contact Amy Schlatter](#))
- May 10: "Food & Fun" with Bellevue kindergarten ([contact Amy Schlatter](#) for times)
- May 16: Health and Nutrition at Hemingway Elementary School (3<sup>rd</sup> grade) ([contact Amy Schlatter](#))
- May 18: Nosh for Nurture, 5:30-7:30pm. [Click here for all the details](#) including recipes and names of all of our wonderful Host Committee members!
- May 23: Health and Nutrition at Hemingway Elementary School (3<sup>rd</sup> grade) ([contact Amy Schlatter](#))
- May 24: Program Evaluation "Jeopardy Style" at the Community School Elementary School (contact Kathryn Guylay for times)
- May 30: Health and Nutrition at Hemingway Elementary School (3<sup>rd</sup> grade) ([contact Amy Schlatter](#))



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## ***Special thanks to our supporters***

We are thrilled to announce the recent support we have received from the [Blue Cross Foundation of Idaho](#) and the [Wood River Women's Charitable Foundation](#). With this crucial support we are looking forward to making an even greater impact in our community and beyond!



WOOD RIVER WOMEN'S  
Charitable Foundation

## ***Spotlight on our Communications and Development Coordinator: Kathleen McCabe***



As a Seattle native, Kathleen grew up in one of the urban hubs of the food movement. After reallocating to Idaho in 2011, Kathleen felt right at home when she discovered Nurture. She is thrilled to be involved with an organization that is making such an impact on how people, especially children, understand the importance of making decisions that contribute to their health and wellness. With a Masters in Public Administration from Seattle University, B.A. in Sociology from the University of Washington and nearly ten years working in the nonprofit and public sectors, Kathleen is thrilled to join the Nurture team. She is looking forward to finding ways to help build the capacity and sustainability of this fabulous program so that more children and families can benefit. When she's not working, you can find Kathleen running after her busy toddler (Josh) or skiing with her supportive husband (Andy).

**Have a great month!**

# IDAHO GIVES

ON MAY 2 2013

A DAY FOR  
PHILANTHROPY  
ACROSS IDAHO,  
A DAY FOR  
GIVING IN OUR  
COMMUNITY.

Connect with your favorite cause as 35 of our local charitable organizations take part in this one-day online fundraising event. A share of every dollar raised on May 2 will be matched by Idaho Gives.

Stop by the Sun Valley/Ketchum Visitors Center May 2, 8 a.m.-5 p.m., to make your online contribution and receive a free drink from Starbucks and 2-for-1 drinks and appetizers at Cornerstone Bar and Grill.

Tune in to KDPI 89.3, 11 a.m.-noon, for a special Idaho Gives program. Call or stop by the station on May 2 to talk about the organizations you support and why philanthropy matters to you.

**A big thanks to our sponsors for encouraging a community of giving!**



## Participating Wood River Organizations

The Advocates  
Animal Shelter of the Wood River Valley  
The Blaine County Education Foundation  
The Community Library  
The Crisis Hotline  
Croy Canyon Ranch Foundation  
Environmental Resource Center  
Flourish Foundation  
Girls on the Run of the Wood River Valley  
Hailey Ice  
Higher Ground Sun Valley  
The Hunger Coalition  
"I Have a Dream" Foundation  
Idaho Environmental Education Association  
NAMI – Wood River Valley, Inc.  
The Nature Conservancy  
Northern Rockies Music Festival  
Nurture  
Papoose Club  
Planned Parenthood of the Great Northwest  
The Sage School  
Sawtooth Botanical Garden  
St. Luke's Wood River Foundation  
Sun Valley Center for the Arts  
Sun Valley Ski Education Foundation  
Sun Valley Summer Symphony  
Sun Valley Wellness Institute  
Swiftsure Ranch Therapeutic Equestrian Center  
Trailing of the Sheep Festival  
United Way of South Central Idaho  
Wild Gift  
Wood River Ability Program  
Wood River Community YMCA  
Wood River Land Trust  
WOW-Students

**Make your donation at  
[idahogives.org](http://idahogives.org)**

IDAHO  
GIVES  
MAY 2



## A TASTE OF HEALTHY SLOW COOKING

**Date:** Thursday, May 9th

**Time:** 6-7:30 p.m.

**Cost:** Free!

**Location:** Hailey Public Library  
7 W Croy Street, Hailey

**To Register:** call 788-2036 or go to  
The Hailey Public Library

Learn simple tips on how to prepare healthier meals. Sample foods, take home recipes, and find out about MyPlate and how easy it is to make a balanced meal.

Free to the public. Space is limited.

Vouchers for free slow cookers redeemed at The Hunger Coalition, 121 Honey-suckle Street, Bellevue, 788-0121.

***You must pre-register to get a voucher for a free slow cooker.***

Participants can earn a voucher for a **free slow cooker** by pre-registering and completing the class (limit 1 per family)!

Taught by Amy Schlatter of Nurture



Nurtureyourfamily.org



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Participantes pueden ganar un cupón para **una olla de cocción lenta gratis** con su inscripción y asistencia en la clase (límite 1 por familia). Instructora: Amy Schlatter de Nurture



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## EL SABOR DE COCINAR SALUDABLE

**Fecha:** El jueves el 9 de mayo  
**Horario:** 6-7:30 p.m.  
**Entrada:** ¡Gratis!  
**Lugar:** Hailey Public Library  
 7 W Croy Street, Hailey  
**Para registrar:** Llame al 788-2036 o pase al Hailey Public Library

Aprende ideas sobre cómo hacer la cocina más saludable para usted y su familia. Alimentos de muestra, recetas información sobre MyPlate y lo fácil que es preparar una comida balanceada. Espacio limitado. Cupones para una olla de cocción lente intercambiados en el Hunger Coalition, 121 Honeysuckle, Bellevue.  
*Debe apuntarse antes para poder recibir un cupón para una olla de cocción lente.*



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